# A posteriori error estimates for nonconforming finite element methods for fourth-order problems on rectangles 

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#### Abstract

The a posteriori error analysis of conforming finite element discretisations of the biharmonic problem for plates is well established, but nonconforming discretisations are more easy to implement in practice. The a posteriori error analysis for the Morley plate element appears very particular because two edge contributions from an integration by parts vanish simultaneously. This crucial property is lacking for popular rectangular nonconforming finite element schemes like the nonconforming rectangular Morley finite element, the incomplete biquadratic finite element, and the Adini finite element. This paper introduces a novel methodology and utilises some


[^0]conforming discrete space on macro elements to prove reliability and efficiency of an explicit residual-based a posteriori error estimator. An application to the Morley triangular finite element shows the surprising result that all averaging techniques yield reliable error bounds. Numerical experiments confirm the reliability and efficiency for the established a posteriori error control on uniform and graded tensor-product meshes.

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## 1 Introduction

Computer simulations of plates with conforming finite element methods (FEMs) encounter the difficulty of $C^{1}$ continuity and complicated higher-order finite elements. The simplest examples are the Argyris finite element with 21 degrees of freedom or the HCT finite element with 9 or 12 degrees of freedom. One possibility for moderately thin plates is the change of the smooth material model towards a Reissner-Mindlin plate. Since this is problematic for thin plates and impossible for general fourth-order problems, nonconforming plate elements became very popular in computational mechanics. The Morley finite element is perhaps the most prominent nonconforming triangular finite plate element. Rectangular finite elements are frequently used in practice like the Bogner-Fox-Schmit finite element, the Adini finite element, the rectangular Morley finite element, or the incomplete biquadratic finite element. The a priori error analysis has a long tradition and we refer to [12,22,24,30].

The a posteriori error analysis is rather immediate for conforming plate elements as sketched in [26]. The milestones [2,3,19,20] for the Morley finite element method explore some very particular properties of the ansatz functions. This paper aims at a generalisation of the general unifying a posteriori error analysis [9,10] for secondorder elliptic PDEs to fourth-order problems to cover the aforementioned rectangular nonconforming plate finite element methods. The natural a posteriori error estimator for the nonconforming discrete solution $u_{\mathrm{NC}}$ for the right-hand side $f$ on a partition $\mathscr{T}$ reads

$$
\begin{align*}
& \sum_{T \in \mathscr{T}} h_{T}^{4}\|f\|_{L^{2}(T)}^{2}+\sum_{E \in \mathscr{E}} h_{E}\left\|\left[D_{\mathrm{NC}}^{2} u_{\mathrm{NC}}\right]_{E} \tau_{E}\right\|_{L^{2}(E)}^{2} \\
& +\sum_{E \in \mathscr{E}(\Omega)}\left(h_{E}\left\|\left[D_{\mathrm{NC}}^{2} u_{\mathrm{NC}}\right]_{E} v_{E}\right\|_{L^{2}(E)}^{2}+h_{E}^{3}\left\|\left[\operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{NC}}\right]_{E} \cdot v_{E}\right\|_{L^{2}(E)}^{2}\right) . \tag{1.1}
\end{align*}
$$

(Details on the notation of the jumps $[\cdot]_{E}$ across an edge $E$ with normal $v_{E}$ and tangent $\tau_{E}$ of length $h_{E}$ follow in Sect. 2 below.) This paper establishes some abstract decomposition theorem (see Sect. 3) which substitutes the use of the Helmholtz decomposition for second-order PDEs and proves the a posteriori control by (1.1). The purpose of this paper is to analyse nonconforming rectangular finite elements from [30,31], namely the rectangular Morley element, the incomplete biquadratic element and the Adini finite element. One difficulty arises from the fact that the discrete spaces cannot contain proper conforming finite element subspaces. Given the discrete solution $u_{\mathrm{NC}}$,
the following key terms need to be controlled for some test function $v \in H_{0}^{2}(\Omega)$,

$$
\begin{equation*}
\int_{E}\left\langle D_{\mathrm{NC}}^{2} u_{\mathrm{NC}}\right\rangle_{E} v_{E} \cdot\left[\nabla_{\mathrm{NC}}\left(v-I_{\mathrm{NC}} v\right)\right]_{E} d s, \int_{E}\left\langle\operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{NC}}\right\rangle_{E} \cdot v_{E}\left[v-I_{\mathrm{NC}} v\right]_{E} d s \tag{1.2}
\end{equation*}
$$

Here, $I_{\mathrm{NC}}$ is some interpolation operator associated to the nonconforming finite element space; $D_{\mathrm{NC}}^{2}$ and div${ }_{\mathrm{NC}}$ denote the piecewise Hessian and divergence. If the nonconforming finite element space contained the lowest-order conforming finite element space as a subspace, those two terms in (1.2) would vanish. This happens for the nonconforming triangular Morley FEM because $D_{\mathrm{NC}}^{2} u_{\mathrm{NC}}$ is piecewise constant and $\int_{E}\left[\nabla_{\mathrm{NC}} v_{\mathrm{C}}\right]_{E} d s=0[2,3,19,20,27]$. For the discontinuous Galerkin method, it follows immediately from the definition of the methods that those terms do not arise [ $6,14,17]$. For the Ciarlet-Raviart and the Hellan-Herrmann-Johnson method, those terms of (1.2) do not appear [11, 16,21].

The main result of this paper establishes reliability and efficiency for the rectangular Morley and the incomplete biquadratic FEM while the reliability of the a posteriori error estimator for the Adini finite element method is left open.

The paper is organised as follows. Section 2 provides the basic notation and the definition of the error estimator. Section 3 provides an abstract error decomposition into the equilibrium error and the consistency error. The applications in Sects. 3.23.4 generalise the a posteriori error analysis for nonconforming Crouzeix-Raviart and Morley finite elements on triangles and prove that all averaging techniques are reliable. The consistency error will be analysed in Sect. 4 and the equilibrium error will be analysed in Sect. 5 .

Throughout the paper, standard notation on Lebesgue and Sobolev spaces is employed. The space of $\mathbb{R}^{2}$-valued $H^{1}$ functions with vanishing integral mean over the domain $\Omega$ is denoted by $H^{1}\left(\Omega ; \mathbb{R}^{2}\right) / \mathbb{R}^{2}$. The dot denotes the product of two onedimensional lists of the same length while the colon denotes the Euclid product of matrices, e.g., $a \cdot b=a^{\top} b \in \mathbb{R}$ for $a, b \in \mathbb{R}^{2}$ and $A: B=\sum_{j, k=1}^{2} A_{j k} B_{j k}$ for $2 \times 2$ matrices $A, B$. The symmetric part of a matrix $A$ is denoted by sym $A$. The notation $a \lesssim b$ abbreviates $a \leq C b$ for a positive generic constant $C$ that may depend on the domain $\Omega$ but not on the mesh-size. The notation $a \approx b$ stands for $a \lesssim b \lesssim a$. The measure $|\cdot|$ is context-sensitive and refers to the number of elements of some finite set or the length of an edge or the area of some domain and not just the modulus of a real number or the Euclidean length of a vector.

## 2 Preliminaries

### 2.1 Data and basic notation

Let $\Omega$ be some bounded Lipschitz domain in $\mathbb{R}^{2}$ with polygonal boundary and outer unit normal $v=\left(\nu_{1}, \nu_{2}\right)$ and let $\mathscr{T}$ be some shape-regular triangulation of $\Omega$ into rectangles such that $\cup \mathscr{T}=\bar{\Omega}$. Let $\mathscr{E}$ denote the set of edges and let $\mathscr{N}$ denote the set of vertices of $\mathscr{T}$, while $\mathscr{E}(\Omega)$ denotes the interior edges and $\mathscr{E}(\partial \Omega)$ denotes
the edges on the boundary $\partial \Omega$ of $\Omega$. Analogously, let $\mathscr{N}(\Omega)$ (resp. $\mathscr{N}(\partial \Omega)$ ) denote the vertices in the interior of $\Omega$ (resp. on the boundary of $\Omega$ ). The edges of a rectangle $T \in \mathscr{T}$ are denoted by $\mathscr{E}(T)$ and the set of vertices of $T$ is denoted by $\mathscr{N}(T)$. The outward-pointing unit normal of $T$ is denoted by $\nu_{T}$. The midpoint of an edge $E$ is denoted by $\operatorname{mid}(E)$ while $\operatorname{mid}(T)$ denotes the barycentre of $T$. The piecewise constant function $h_{\mathscr{T}}=\operatorname{diam}(\mathscr{T})$ has the value $h_{T}:=\operatorname{diam}(T)$ for $T \in \mathscr{T}$, while $h_{E}=|E|$ is the length of an edge $E$. Given any $z \in \mathscr{N}, \mathscr{E}(z)$ denotes the set of edges sharing the vertex $z$, and $\mathscr{T}(z)$ is the union of the triangles which contain $z$ as a node. Given any $E \in \mathscr{E}$ parallel to the $x$-axis, the fixed normal vector is $\nu_{E}:=(0,1)$ and the tangential vector is $\tau_{E}:=(-1,0)$. For an edge $E$ which is parallel to the $y$-axis, set $\nu_{E}:=(1,0)$ and $\tau_{E}:=(0,1)$. Given any $E \in \mathscr{E}(\Omega)$ with $E=T_{+} \cap T_{-}$for two neighbouring rectangles (by convention $T_{+}$has the outer unit normal $\nu_{T_{+}}=v_{E}$ ), denote the edgepatch of $E$ by $\omega_{E}:=\operatorname{int}\left(T_{+} \cup T_{-}\right)$. Given any (possibly vector-valued) function $\nu$, define the jump and the average of $v$ of across $E$ by

$$
[v]_{E}:=\left.v\right|_{T_{+}}-\left.v\right|_{T_{-}} \quad \text { and } \quad\langle v\rangle_{E}:=\left(\left.v\right|_{T_{+}}+\left.v\right|_{T_{-}}\right) / 2 \quad \text { along } E .
$$

For a boundary edge $E \in \mathscr{E}(\partial \Omega) \cap \mathscr{E}\left(T_{+}\right)$, the partner $\left.v\right|_{T_{-}}$is set zero. Given a function $f \in L^{2}(\Omega)$, the oscillations read

$$
\operatorname{osc}^{2}(f, \mathscr{T}):=\sum_{T \in \mathscr{T}} h_{T}^{4}\left\|f-f_{T}\right\|_{L^{2}(T)}^{2} \quad \text { with } f_{T}:=|T|^{-1} \int_{T} f d x
$$

For a differentiable vector field $\beta=\left(\beta_{1}, \beta_{2}\right)$, the operators Curl and curl read

$$
\operatorname{Curl} \beta:=\left(\begin{array}{ll}
-\partial \beta_{1} / \partial x_{2} & \partial \beta_{1} / \partial x_{1} \\
-\partial \beta_{2} / \partial x_{2} & \partial \beta_{2} / \partial x_{1}
\end{array}\right) \quad \text { and } \quad \operatorname{curl} \beta:=\frac{\partial \beta_{2}}{\partial x_{1}}-\frac{\partial \beta_{1}}{\partial x_{2}}
$$

For any matrix $\sigma \in \mathbb{R}^{2 \times 2}$, the divergence reads

$$
\operatorname{div} \sigma:=\binom{\partial \sigma_{11} / \partial x_{1}+\partial \sigma_{12} / \partial x_{2}}{\partial \sigma_{21} / \partial x_{1}+\partial \sigma_{22} / \partial x_{2}} .
$$

The piecewise action of the differential operators $\nabla, \partial, D^{2}$, div, $\Delta^{2}$, curl, reads $\nabla_{\mathrm{NC}}, \partial_{\mathrm{NC}}, D_{\mathrm{NC}}^{2}, \operatorname{div}_{\mathrm{NC}}, \Delta^{2}{ }_{\mathrm{NC}}, \operatorname{curl}_{\mathrm{NC}}$.

For $T \in \mathscr{T}$, the spaces of polynomial functions of total or partial degree $k \in \mathbb{N}$ are denoted by

$$
\begin{aligned}
P_{k}(T) & :=\left\{v \in L^{2}(T) \mid v \text { is a polynomial of total degree } \leq k\right\}, \\
Q_{k}(T) & :=\left\{v \in L^{2}(T) \mid v \text { is a polynomial of partial degree } \leq k\right\} .
\end{aligned}
$$

The discrete function spaces read

$$
\begin{aligned}
P_{k}(\mathscr{T}) & :=\left\{v \in L^{2}(\Omega)|\forall T \in \mathscr{T}, v|_{T} \in P_{k}(T)\right\}, \\
P_{k}\left(\mathscr{T} ; \mathbb{R}_{\mathrm{sym}}^{2 \times 2}\right) & :=\left\{v \in L^{2}\left(\Omega ; \mathbb{R}_{\mathrm{sym}}^{2 \times 2}\right) \mid \forall j, \ell=1,2, v_{j \ell} \in P_{k}(\mathscr{T})\right\}, \\
Q_{k}(\mathscr{T}) & :=\left\{v \in L^{2}(\Omega)|\forall T \in \mathscr{T}, v|_{T} \in Q_{k}(T)\right\}, \\
H^{2}(\mathscr{T}) & :=\left\{v \in L^{2}(\Omega)|\forall T \in \mathscr{T}, v|_{T} \in H^{2}(T)\right\} .
\end{aligned}
$$

It is convenient to introduce the local coordinates $-1 \leq \xi, \eta \leq 1$ for a rectangle $T \in \mathscr{T}$ with width $2 h_{x}(T)$ in $x$-direction and $2 h_{y}(T)$ in $y$-direction. The midpoint $\operatorname{mid}(T)=(\operatorname{mid}(T, 1), \operatorname{mid}(T, 2))$ defines the coordinate transform

$$
\left.\xi\right|_{T}(x, y):=\frac{x-\operatorname{mid}(T, 1)}{h_{x}(T)} \quad \text { and }\left.\quad \eta\right|_{T}:=\frac{y-\operatorname{mid}(T, 2)}{h_{y}(T)} .
$$

### 2.2 Kirchhoff plate bending problem

Define the scalar product

$$
a(v, w):=\int_{\Omega} D^{2} v: D^{2} w d x \text { for any } v, w \in V:=H_{0}^{2}(\Omega)
$$

with the energy norm $\|\cdot\|:=a(\cdot, \cdot)^{1 / 2}$ on $V$ and the nonconforming bilinear form

$$
a_{\mathrm{NC}}(v, w):=\sum_{T \in \mathscr{T}}^{T} \int_{T} D_{\mathrm{NC}}^{2} v: D_{\mathrm{NC}}^{2} w d x \text { for any } v, w \in H^{2}(\mathscr{T})
$$

with the seminorm $\|\cdot\|_{\mathrm{NC}}:=a_{\mathrm{NC}}(\cdot, \cdot)^{1 / 2}$. In its weak formulation, the Kirchhoff plate bending problem reads: Given any $f \in L^{2}(\Omega)$ seek $u \in V$ such that

$$
\begin{equation*}
a(u, v)=\int_{\Omega} f v d x \quad \text { for all } v \in V \tag{2.1}
\end{equation*}
$$

For some nonconforming finite element space $V_{\mathrm{NC}} \subset H^{2}(\mathscr{T})$ the discrete problem reads: Seek $u_{\mathrm{NC}} \in V_{\mathrm{NC}}$ such that

$$
\begin{equation*}
a_{\mathrm{NC}}\left(u_{\mathrm{NC}}, v_{\mathrm{NC}}\right)=\int_{\Omega} f v_{\mathrm{NC}} d x \text { for all } v_{\mathrm{NC}} \in V_{\mathrm{NC}} \tag{2.2}
\end{equation*}
$$

All examples in this paper concern discrete spaces such that ( $V_{\mathrm{NC}}, a_{\mathrm{NC}}$ ) is a Hilbert space. In particular, there exists a unique weak solution $u$ of (2.1) respectively a unique discrete solution $u_{\mathrm{NC}}$ of (2.2).

### 2.3 Error estimator

The explicit residual-based a posteriori error estimator has two contributions $\mu$ and $\lambda$ which read, for $T \in \mathscr{T}$,

$$
\begin{aligned}
\mu^{2}(T):= & h_{T}^{4}\|f\|_{L^{2}(T)}^{2} \\
& +\sum_{E \in \mathscr{E}(T) \cap \mathscr{E}(\Omega)}\left(h_{E}\left\|\left[D_{\mathrm{NC}}^{2} u_{\mathrm{NC}}\right]_{E} v_{E}\right\|_{L^{2}(E)}^{2}+h_{E}^{3}\left\|\left[\operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{NC}}\right]_{E} \cdot v_{E}\right\|_{L^{2}(E)}^{2}\right), \\
\lambda^{2}(T):= & \sum_{E \in \mathscr{E}(T)} h_{E}\left\|\left[D_{\mathrm{NC}}^{2} u_{\mathrm{NC}}\right]_{E} \tau_{E}\right\|_{L^{2}(E)}^{2} .
\end{aligned}
$$

The main result of this paper in Sects. 4-5 below establishes reliability and efficiency of the explicit residual-based error estimator

$$
\mu^{2}:=\mu^{2}(\mathscr{T}):=\sum_{T \in \mathscr{T}} \mu^{2}(T) \quad \text { and } \quad \lambda^{2}:=\lambda^{2}(\mathscr{T}):=\sum_{T \in \mathscr{T}} \lambda^{2}(T)
$$

in the sense that

$$
\left\|u-u_{\mathrm{NC}}\right\|_{\mathrm{NC}}^{2} \lesssim \mu^{2}+\lambda^{2} \lesssim\left\|u-u_{\mathrm{NC}}\right\|_{\mathrm{NC}}^{2}+\operatorname{osc}^{2}(f, \mathscr{T})
$$

### 2.4 Finite element discretisation with rectangles

This paper is devoted to the analysis of three finite element discretisations on rectangles (Fig. 1). A priori error estimates can be found in [12,22,24,30].

The rectangular Morley finite element. Given the shape function space

$$
Q_{\mathrm{RM}}(T)=P_{2}(T)+\operatorname{span}\left\{x^{3}, y^{3}\right\},
$$

the rectangular Morley finite element space [30] is defined by


Fig. 1 The degrees of freedom for the rectangular Morley and incomplete biquadratic FEM (left) and for the Adini FEM (right)

$$
\begin{aligned}
V_{\mathrm{RM}}= & \left\{v_{\mathrm{RM}} \in Q_{\mathrm{RM}}(\mathscr{T}) \mid v_{\mathrm{RM}} \text { is continuous at } \mathscr{N}(\Omega) \text { and vanishes at } \mathscr{N}(\partial \Omega),\right. \\
& \nabla_{\mathrm{NC}} v_{\mathrm{RM}} \cdot v_{E} \text { is continuous at the midpoint of any } \\
& E \text { in } \mathscr{E}(\Omega) \text { and vanishes for } E \in \mathscr{E}(\partial \Omega)\} .
\end{aligned}
$$

The incomplete biquadratic finite element. The incomplete biquadratic nonconforming finite element was proposed in [31] and analysed in [24]. The shape function space reads

$$
Q_{\mathrm{IB}}(T)=P_{2}(T)+\operatorname{span}\left\{x^{2} y, y^{2} x\right\} .
$$

The incomplete biquadratic finite element space is defined by
$V_{\mathrm{IB}}=\left\{v_{\mathrm{IB}} \in Q_{\mathrm{IB}}(\mathscr{T}) \mid v_{\mathrm{IB}}\right.$ is continuous at $\mathscr{N}(\Omega)$ and vanishes at $\mathscr{N}(\partial \Omega)$,
$\nabla_{\mathrm{NC}} v_{\mathrm{IB}} \cdot v_{E}$ is continuous at the midpoint of any
$E$ in $\mathscr{E}(\Omega)$ and vanishes for $E \in \mathscr{E}(\partial \Omega)\}$.
The Adini finite element. The shape function space reads

$$
Q_{\mathrm{AD}}(T)=P_{3}(T)+\operatorname{span}\left\{x^{3} y, y^{3} x\right\}
$$

The Adini finite element space [12,22] is defined by

$$
\begin{aligned}
& V_{\mathrm{AD}}=\left\{v_{\mathrm{AD}} \in Q_{\mathrm{AD}}(\mathscr{T}) \mid v_{\mathrm{AD}} \text { and } \nabla_{\mathrm{NC}} v_{\mathrm{AD}} \text { are continuous at } \mathscr{N}(\Omega)\right. \\
& \quad \text { and vanish at } \mathscr{N}(\partial \Omega)\} .
\end{aligned}
$$

## 3 Error decomposition

This section is devoted to some abstract error decomposition theorem which replaces the Helmholtz decomposition in the standard a posteriori error analysis. Section 3.1 gives an abstract formulation and Sects. 3.2-3.3 discuss two standard applications with novel proofs for possibly multiply connected domains.

### 3.1 Abstract error decomposition in Hilbert spaces

Let $V$ and $V_{\mathrm{NC}}$ denote two linear subspaces of some vector space $H$ so that the sum $V+V_{\mathrm{NC}}$ is a well defined vector space. Suppose that the sum $V+V_{\mathrm{NC}}$ is endowed with some scalar product $\langle\cdot, \cdot\rangle$ and induced norm $\|\cdot\|$. Suppose that $(V,\|\cdot\|)$ is complete with dual space $V^{\star}$ so that, for any $v_{N C} \in V+V_{N C}$, there uniquely exists the best approximation $P v_{\mathrm{NC}} \in V$ in the sense that

$$
\operatorname{dist}\left(v_{\mathrm{NC}}, V\right):=\min _{w \in V}\left\|v_{\mathrm{NC}}-w\right\|=\left\|v_{\mathrm{NC}}-P v_{\mathrm{NC}}\right\|
$$

Theorem 1 (abstract error decomposition) Any $u \in V$ and $u_{\mathrm{NC}} \in V_{\mathrm{NC}}$ with Res $:=$ $\left\langle u-u_{\mathrm{NC}}, \cdot\right\rangle \in V^{\star}$ and its dual norm

$$
\|\operatorname{Res}\|_{V^{\star}}:=\sup _{v \in V \backslash\{0\}} \operatorname{Res}(v) /\|v\|,
$$

satisfy

$$
\left\|u-u_{\mathrm{NC}}\right\|^{2}=\|\operatorname{Res}\|_{V^{\star}}^{2}+\operatorname{dist}^{2}\left(u_{\mathrm{NC}}, V\right) .
$$

Proof The best-approximation $P v_{\mathrm{NC}} \in V$ satisfies $\left\langle u_{\mathrm{NC}}-P u_{\mathrm{NC}}, v\right\rangle=0$ for all $v$ in $V$. For $v:=u-P u_{\mathrm{NC}}$, the Pythagoras theorem and the Riesz isomorphism imply

$$
\left\|u-u_{\mathrm{NC}}\right\|^{2}=\left\|u-P u_{\mathrm{NC}}\right\|^{2}+\operatorname{dist}^{2}\left(u_{\mathrm{NC}}, V\right)=\|\operatorname{Res}\|_{V^{\star}}^{2}+\operatorname{dist}^{2}\left(u_{\mathrm{NC}}, V\right) .
$$

### 3.2 Crouzeix-Raviart NCFEM for Poisson model problem

The Crouzeix-Raviart nonconforming finite element space (Fig. 2)

$$
\begin{aligned}
\mathrm{CR}_{0}^{1}(\mathscr{T}):=\left\{v_{\mathrm{CR}} \in P_{1}(\mathscr{T}) \mid v_{\mathrm{CR}}\right. & \text { is continuous at } \operatorname{mid}(\mathscr{E}(\Omega)) \\
& \text { and vanishes at } \operatorname{mid}(\mathscr{E}(\partial \Omega))\}
\end{aligned}
$$

is endowed with the discrete scalar product

$$
a_{\mathrm{NC}}(v, w):=\int_{\Omega} \nabla_{\mathrm{NC}} v \cdot \nabla_{\mathrm{NC}} w d x \quad \text { for any } v, w \in H_{0}^{1}(\Omega)+\mathrm{CR}_{0}^{1}(\mathscr{T})
$$

The discrete problem seeks $u_{\mathrm{NC}} \in \mathrm{CR}_{0}^{1}(\mathscr{T})$ such that

$$
a_{\mathrm{NC}}\left(u_{\mathrm{NC}}, v_{\mathrm{NC}}\right)=\int_{\Omega} f v_{\mathrm{NC}} d x \quad \text { for all } v_{\mathrm{NC}} \in \operatorname{CR}_{0}^{1}(\mathscr{T})
$$

Fig. 2 The Crouzeix-Raviart (left) and the Morley (right) nonconforming finite element


The nonconforming interpolation operator $I_{\mathrm{NC}}: H_{0}^{1}(\Omega) \rightarrow \mathrm{CR}_{0}^{1}(\mathscr{T})$ is defined via

$$
\int_{E} I_{\mathrm{NC}} v d s=\int_{E} v d s \quad \text { for all } E \in \mathscr{E}
$$

and so

$$
\nabla_{\mathrm{NC}} I_{\mathrm{NC}} v=|T|^{-1} \int_{T} \nabla v d x \quad \text { for any } T \in \mathscr{T} .
$$

Since $\nabla_{\mathrm{NC}} u_{\mathrm{NC}}$ is piecewise constant, this implies

$$
a_{\mathrm{NC}}\left(u_{\mathrm{NC}}, v\right)=a_{\mathrm{NC}}\left(u_{\mathrm{NC}}, I_{\mathrm{NC}} v\right)=\int_{\Omega} f I_{\mathrm{NC}} v d x
$$

Hence,

$$
\begin{aligned}
\operatorname{Res}(v) & =\int_{\Omega} f\left(v-I_{\mathrm{NC}} v\right) d x \leq\left\|h_{\mathscr{T}} f\right\|_{L^{2}(\Omega)}\left\|h_{\mathscr{T}}^{-1}\left(v-I_{\mathrm{NC}} v\right)\right\|_{L^{2}(\Omega)} \\
& \leq C_{\mathrm{apx}}\left\|h_{\mathscr{T}} f\right\|_{L^{2}(\Omega)}\|v\| .
\end{aligned}
$$

This direct argument seems to be new and leads to some explicit stability constant $C_{\text {apx }}$ from [8].

It is emphasised that this novel proof applies to multiply connected domains while in this case the alternative usage of the Helmholtz decomposition is not immediate.

### 3.3 Triangular Morley finite element

For a regular triangulation $\mathscr{T}$ into triangles, the Morley finite element space [23] reads

$$
\begin{gathered}
M(\mathscr{T}):=\left\{v_{\mathrm{M}} \in P_{2}(\mathscr{T}) \mid v_{\mathrm{M}} \text { is continuous at } \mathscr{N}(\Omega), \text { and vanishes at } \mathscr{N}(\partial \Omega),\right. \\
\left.\forall E \in \mathscr{E}(\Omega), \int_{E}\left[\frac{\partial v_{\mathrm{M}}}{\partial v_{E}}\right]_{E} d s=0, \forall E \in \mathscr{E}(\partial \Omega), \int_{E} \frac{\partial v_{\mathrm{M}}}{\partial v_{E}} d s=0\right\} .
\end{gathered}
$$

Let $u_{\mathrm{M}}$ be the solution of the discrete problem (2.2) with the triangular Morley finite element method. Let $I_{\mathrm{M}}$ denote the canonical interpolation operator for the Morley finite element method, which is defined, for any $v \in V=H_{0}^{2}(\Omega)$, by

$$
\begin{aligned}
I_{\mathrm{M}} v(z) & =v(z) & & \text { for any } z \in \mathscr{N}, \\
\int_{E} \nabla_{\mathrm{NC}} I_{\mathrm{M}} v d s & =\int_{E} \nabla v d s & & \text { for any } E \in \mathscr{E} .
\end{aligned}
$$

The mean-value property of the interpolation operator $I_{\mathrm{M}}$ for the piecewise Hessian and the stability of the interpolation operator [12] prove for any $v \in V$ with $\|v\|=1$

$$
\begin{aligned}
a_{\mathrm{NC}}\left(u-u_{\mathrm{M}}, v\right) & =\int_{\Omega} D^{2} u: D^{2} v d x-\int_{\Omega} D_{\mathrm{NC}}^{2} u_{\mathrm{M}}: D_{\mathrm{NC}}^{2} I_{\mathrm{M}} v d x \\
& =\int_{\Omega} f\left(v-I_{\mathrm{M}} v\right) d x \lesssim\left\|h_{\mathscr{T}}^{2} f\right\|_{L^{2}(\Omega)}
\end{aligned}
$$

and so

$$
\|\operatorname{Res}\|_{V^{\star}} \lesssim\left\|h_{\mathscr{T}}^{2} f\right\|_{L^{2}(\Omega)}
$$

The proof applies to multiply connected domains and so generalises $[2,19]$.

### 3.4 Averaging estimator for Morley FEM

A restriction to simply connected domains allows for reliability of any averaging estimators in the context of [1].

Theorem 2 Let $\Omega$ be simply connected and let $u_{\mathrm{M}}$ be the solution of the discrete problem (2.2) with the triangular Morley finite element method. Then any $\sigma \in P_{k}\left(\mathscr{T} ; \mathbb{R}_{\mathrm{sym}}^{2 \times 2}\right)$ satisfies
$\left\|u-u_{\mathrm{M}}\right\|_{\mathrm{NC}} \lesssim\left\|h_{\mathscr{T}}^{2} f\right\|_{L^{2}(\Omega)}+\left\|\sigma-D_{\mathrm{NC}}^{2} u_{\mathrm{M}}\right\|_{L^{2}(\Omega)}+\left(\sum_{E \in \mathscr{E}} h_{E}\left\|[\sigma]_{E} \tau_{E}\right\|_{L^{2}(E)}^{2}\right)^{1 / 2}$.
Proof Given $\sigma \in P_{k}\left(\mathscr{T} ; \mathbb{R}_{\mathrm{sym}}^{2 \times 2}\right)$ with a Helmholtz decomposition of [2, Lemma 1] for a simply connected domain, there exist $\psi \in H_{0}^{2}(\Omega)$ and $\phi \in H^{1}\left(\Omega ; \mathbb{R}^{2}\right) / \mathbb{R}^{2}$ such that

$$
\sigma=D^{2} \psi+\operatorname{symCurl} \phi
$$

with the stability property $\|\operatorname{Curl} \phi\|_{L^{2}(\Omega)} \lesssim\|\operatorname{symCurl} \phi\|_{L^{2}(\Omega)}$. Then, in generalisation of [7, Theorem 2.2],

$$
\min _{v \in V}\left\|\sigma-D^{2} v\right\|_{L^{2}(\Omega)} \lesssim \sup _{\substack{\varphi \in H^{1}\left(\Omega ; \mathbb{R}^{2}\right) / \mathbb{R}^{2} \\\|\nabla \varphi\|_{L^{2}(\Omega)}=1}} \int_{\Omega} \sigma: \operatorname{Curl} \varphi d x
$$

Let $\varphi_{C} \in P_{1}(\mathscr{T}) \cap C(\bar{\Omega})$ denote the Clément quasi-interpolant [13] of $\varphi \in H^{1}(\Omega)$ with $\|\nabla \varphi\|_{L^{2}(\Omega)}=1$. Since $\nu_{E} \cdot \operatorname{Curl} \varphi_{C}=\partial \varphi_{C} / \partial s$ is continuous along any edge $E \in \mathscr{E}$,

$$
\int_{\Omega} D_{\mathrm{NC}}^{2} u_{\mathrm{M}}: \operatorname{Curl} \varphi_{C} d x=\sum_{E \in \mathscr{E} E} \int_{E}\left[\nabla_{\mathrm{NC}} u_{\mathrm{M}}\right]_{E} \cdot \operatorname{Curl} \varphi_{C} v_{E} d s=0
$$

Therefore,

$$
\int_{\Omega} \sigma: \operatorname{Curl} \varphi d x=\int_{\Omega} \sigma: \operatorname{Curl}\left(\varphi-\varphi_{C}\right) d x+\int_{\Omega}\left(\sigma-D_{\mathrm{NC}}^{2} u_{\mathrm{M}}\right): \operatorname{Curl} \varphi_{C} d x .(3.1)
$$

An integration by parts, followed by inverse and trace estimates and the approximation and stability property of the quasi-interpolation operator prove

$$
\begin{aligned}
& \int_{\Omega} \sigma: \operatorname{Curl}\left(\varphi-\varphi_{C}\right) d x \\
& \quad=-\int_{\Omega} \operatorname{curl}_{\mathrm{NC}}\left(\sigma-D_{\mathrm{NC}}^{2} u_{\mathrm{M}}\right) \cdot\left(\varphi-\varphi_{C}\right) d x+\sum_{E \in \mathscr{E}} \int_{E}[\sigma]_{E} \tau_{E} \cdot\left(\varphi-\varphi_{C}\right) d s \\
& \quad \lesssim \sum_{T \in \mathscr{T}} h_{T}^{-1}\left\|\sigma-D_{\mathrm{NC}}^{2} u_{\mathrm{M}}\right\|_{L^{2}(\Omega)} h_{T}\|D \varphi\|_{L^{2}\left(\omega_{T}\right)} \\
& \quad+\sum_{E \in \mathscr{E}}\left\|[\sigma]_{E} \tau_{E}\right\|_{L^{2}(\Omega)} h_{E}^{1 / 2}\left\|D \varphi_{C}\right\|_{L^{2}\left(\omega_{E}\right)} \\
& \quad \lesssim\left\|\sigma-D_{\mathrm{NC}}^{2} u_{\mathrm{M}}\right\|_{L^{2}(\Omega)}+\left(\sum_{E \in E} h_{E}\left\|[\sigma]_{E} \tau_{E}\right\|_{L^{2}(E)}^{2}\right)^{1 / 2}
\end{aligned}
$$

This and a triangle inequality conclude the proof: Indeed,

$$
\begin{aligned}
\min _{v \in V}\left\|D_{\mathrm{NC}}^{2} u_{\mathrm{M}}-D^{2} v\right\|_{L^{2}(\Omega)} & \leq\left\|\sigma-D_{\mathrm{NC}}^{2} u_{\mathrm{M}}\right\|_{L^{2}(\Omega)}+\min _{v \in V}\left\|\sigma-D^{2} v\right\|_{L^{2}(\Omega)} \\
& \lesssim\left\|\sigma-D_{\mathrm{NC}}^{2} u_{\mathrm{M}}\right\|_{L^{2}(\Omega)}+\left(\sum_{E \in \mathscr{E}} h_{E}\left\|[\sigma]_{E} \tau_{E}\right\|_{L^{2}(E)}^{2}\right)^{1 / 2} .
\end{aligned}
$$

The particular choice $\sigma=D_{\mathrm{NC}}^{2} u_{\mathrm{M}}$ verifies the reliability of the estimator from [19]. For the two-dimensional case, inverse and Poincaré inequalities prove the equivalence of this estimator to the estimator from [2]. To obtain the reliability of any averaging of the piecewise Hessian, define the space $\Sigma:=P_{k}\left(\mathscr{T} ; \mathbb{R}_{\mathrm{sym}}^{2 \times 2}\right) \cap C\left(\Omega ; \mathbb{R}_{\mathrm{sym}}^{2 \times 2}\right)$. It holds
$\operatorname{dist}\left(u_{\mathrm{M}}, V\right) \lesssim \min _{\sigma \in \Sigma}\left(\left\|\sigma-D_{\mathrm{N} \mathrm{C}}^{2} u_{\mathrm{M}}\right\|_{L^{2}(\Omega)}+\left(\sum_{E \in \mathscr{E}(\partial \Omega)} h_{E}\left\|[\sigma]_{E} \tau_{E}\right\|_{L^{2}(E)}^{2}\right)^{1 / 2}\right)$.

## 4 Analysis of the consistency error

This section establishes a general a posteriori control of the consistency error for finite element functions $u_{\mathrm{NC}}$ which are continuous at $\mathscr{N}(\Omega)$ and satisfy the weak continuity condition

$$
\begin{equation*}
\forall E \in \mathscr{E} \quad \exists x \in E\left[\frac{\partial u_{\mathrm{NC}}}{\partial v_{E}}(x)\right]_{E}=0 . \tag{4.1}
\end{equation*}
$$

In particular, this includes the rectangular Morley FEM, the incomplete biquadratic FEM, and the Adini FEM.

Theorem 3 Let $u_{\mathrm{NC}} \in Q_{3}(\mathscr{T})$ be continuous at $\mathscr{N}$ and vanish at $\mathscr{N}(\partial \Omega)$. Let $u_{\mathrm{NC}}$ satisfy the weak continuity condition (4.1) and recall the definition of $\lambda(\mathscr{T})$ from Sect. 2.3. Then

$$
\operatorname{dist}\left(u_{\mathrm{NC}}, V\right) \approx \lambda(\mathscr{T})
$$

Proof of reliability: the analysis of the consistency error employs the Bogner-FoxSchmit $Q_{3}$ finite element space [12]

$$
V_{\mathrm{BFS}}=\left\{v_{\mathrm{C}} \in C^{1}(\Omega) \cap Q_{3}(\mathscr{T})\left|v_{\mathrm{C}}\right|_{\partial \Omega}=\partial v_{\mathrm{C}} /\left.\partial \nu\right|_{\partial \Omega}=0\right\} .
$$

The finite element functions are determined by their values, first-order derivatives, and the mixed second-order derivative at the vertices (see Fig. 3).

The averaging operator [4] $\mathscr{A}: V_{\mathrm{NC}} \rightarrow V_{\mathrm{BFS}}$ is defined, for all $z \in \mathscr{N}(\Omega)$ by

$$
\begin{aligned}
\left(\mathscr{A} v_{\mathrm{NC}}\right)(z) & =\frac{1}{|\mathscr{T}(z)|} \sum_{T \in \mathscr{T}(z)}\left(\left.v_{\mathrm{NC}}\right|_{T}\right)(z) \\
\left(\nabla \mathscr{A} v_{\mathrm{NC}}\right)(z) & =\frac{1}{|\mathscr{T}(z)|} \sum_{T \in \mathscr{T}(z)}\left(\left.\nabla v_{\mathrm{NC}}\right|_{T}\right)(z) \\
\left(\frac{\partial^{2} \mathscr{A} v_{\mathrm{NC}}}{\partial x \partial y}\right)(z) & =\frac{1}{|\mathscr{T}(z)|} \sum_{T \in \mathscr{T}(z)}\left(\frac{\left.\partial^{2} v_{\mathrm{NC}}\right|_{T}}{\partial x \partial y}\right)(z) .
\end{aligned}
$$



Fig. 3 The $C^{1}-Q_{2}$ macro element and the BFS $Q_{3}$ finite element

The distance can be estimated by the discrete conforming approximation,

$$
\operatorname{dist}^{2}\left(u_{\mathrm{NC}}, V\right) \leq\left\|D_{\mathrm{NC}}^{2}\left(u_{\mathrm{NC}}-\mathscr{A} u_{\mathrm{NC}}\right)\right\|_{L^{2}(\Omega)}^{2} .
$$

Let $\varphi_{z}, \psi_{z}, \chi_{z}$ denote the nodal basis function of $V_{\mathrm{BFS}}$ at some node $z \in \mathscr{N}$ which satisfy

$$
\partial \varphi_{z} / \partial x=1, \quad \partial \psi_{z} / \partial y=1, \quad \partial^{2} \chi_{z} / \partial x \partial y=1 \quad \text { at } z \in \mathscr{N}
$$

and vanish for the remaining degrees of freedom. Since the function $u_{\mathrm{NC}}$ is continuous at the vertices, the difference of the nodal values drops out. Hence,

$$
\begin{aligned}
& \left\|D_{\mathrm{NC}}^{2}\left(u_{\mathrm{NC}}-\mathscr{A} u_{\mathrm{NC}}\right)\right\|_{L^{2}(\Omega)}^{2} \\
& =\sum_{T \in \mathscr{T}} \| \sum_{z \in \mathscr{N}(T)} \partial\left(\left.u_{\mathrm{NC}}\right|_{T}-\mathscr{A} u_{\mathrm{NC}}\right) / \partial x D^{2} \varphi_{z}+\partial\left(\left.u_{\mathrm{NC}}\right|_{T}-\mathscr{A} u_{\mathrm{NC}}\right) / \partial y D^{2} \psi_{z} \\
& \quad+\partial^{2}\left(\left.u_{\mathrm{NC}}\right|_{T}-\mathscr{A} u_{\mathrm{NC}}\right) / \partial x \partial y D^{2} \chi_{z} \|_{L^{2}(T)}^{2}
\end{aligned}
$$

Some transformation to the reference domain $(-1,1)^{2}$ leads to the scaling

$$
\left\|D^{2} \varphi_{z}\right\|_{L^{2}(T)} \lesssim 1, \quad\left\|D^{2} \psi_{z}\right\|_{L^{2}(T)} \lesssim 1, \quad\left\|D^{2} \chi_{z}\right\|_{L^{2}(T)} \lesssim h_{T}
$$

(here one requires shape regularity). This proves

$$
\begin{aligned}
& \operatorname{dist}^{2}\left(u_{\mathrm{NC}}, V\right) \\
& \qquad \sum_{T \in \mathscr{T}} \sum_{z \in \mathscr{N}(T)}\left(\left|\nabla\left(\left.u_{\mathrm{NC}}\right|_{T}-\mathscr{A} u_{\mathrm{NC}}\right)(z)\right|^{2}+h_{T}^{2}\left|\frac{\partial^{2}}{\partial x \partial y}\left(\left.u_{\mathrm{NC}}\right|_{T}-\mathscr{A} u_{\mathrm{NC}}\right)(z)\right|^{2}\right) .
\end{aligned}
$$

For any node $z \in \mathscr{N}(T) \cap \mathscr{N}(\Omega)$ which does not belong to $\partial \Omega$, the triangle inequality reveals

$$
\begin{aligned}
\left|\nabla\left(\left.u_{\mathrm{NC}}\right|_{T}-\mathscr{A} u_{\mathrm{NC}}\right)(z)\right| & \leq \sum_{K \in \mathscr{T}(z)} 1 / 4\left|\nabla\left(\left.u_{\mathrm{NC}}\right|_{T}-\left.u_{\mathrm{NC}}\right|_{K}\right)(z)\right| \\
& \lesssim \sum_{E \in \mathscr{E}(z)}\left[\nabla_{\mathrm{NC}} u_{\mathrm{NC}}(z)\right]_{E}
\end{aligned}
$$

A similar argument for the second term and for nodes $z \in \mathscr{N}(\partial \Omega)$ on the boundary proves

$$
\operatorname{dist}^{2}\left(u_{\mathrm{NC}}, V\right) \lesssim \sum_{z \in \mathscr{N}} \sum_{E \in \mathscr{E}(z)}\left(\left[\nabla_{\mathrm{NC}} u_{\mathrm{NC}}(z)\right]_{E}^{2}+h_{E}^{2}\left[\frac{\partial_{\mathrm{NC}}^{2}}{\partial x \partial y} u_{\mathrm{NC}}(z)\right]_{E}^{2}\right)
$$

It follows from an equivalence of norms argument in $P_{3}(E)$ along an edge $E \in \mathscr{E}$ and Poincaré-Friedrichs inequalities due to the weak continuity condition (4.1) that

$$
\begin{align*}
\left|\left[\nabla_{\mathrm{NC}} u_{\mathrm{NC}}\right]_{E}(z)\right| & \lesssim h_{E}^{-1 / 2}\left\|\left[\nabla_{\mathrm{NC}} u_{\mathrm{NC}}\right]_{E}\right\|_{L^{2}(E)} \lesssim h_{E}^{1 / 2}\left\|\left[D_{\mathrm{NC}}^{2} u_{\mathrm{NC}}\right]_{E} \tau_{E}\right\|_{L^{2}(E)}, \\
\left|\left[\frac{\partial_{\mathrm{NC}}^{2}}{\partial x \partial y} u_{\mathrm{NC}}\right]_{E}(z)\right| & \lesssim h_{E}^{-1 / 2}\left\|\left[\frac{\partial_{\mathrm{NC}}^{2}}{\partial x \partial y} u_{\mathrm{NC}}\right]_{E}\right\|_{L^{2}(E)} \lesssim h_{E}^{-1 / 2}\left\|\left[D_{\mathrm{NC}}^{2} u_{\mathrm{NC}}\right]_{E} \tau_{E}\right\|_{L^{2}(E)} \tag{4.2}
\end{align*}
$$

The combination of the previous estimates completes the proof.
Proof of efficiency: the proof is based on the discrete function technology due to Verfürth [26]. For all $E \in \mathscr{E}$ let $b_{E} \in H_{0}^{1}\left(\omega_{E}\right)$ be the bubble functions with the properties

$$
\left\|b_{E}\right\|_{L^{\infty}(\Omega)} \approx 1 \quad \text { and } \quad \int_{E} b_{E} d s=|E|
$$

For any $E \in \mathscr{E}$ define $\psi_{E}:=b_{E}\left[D_{\mathrm{NC}}^{2} u_{\mathrm{NC}}\right]_{E} \tau_{E}$ on $E$ and extend it to $H_{0}^{1}\left(\omega_{E}\right)$ as in [26]. Some equivalence of norms plus an integration by parts followed by an inverse estimate argument reveal

$$
\begin{aligned}
\left\|\left[D_{\mathrm{NC}}^{2} u_{\mathrm{NC}}\right] \tau_{E}\right\|_{L^{2}(E)}^{2} & \approx \int_{E}\left[D_{\mathrm{NC}}^{2} u_{\mathrm{NC}}\right] \tau_{E} \cdot \psi_{E} d s \\
& =\int_{\omega_{E}} D_{\mathrm{NC}}^{2}\left(u_{\mathrm{NC}}-u\right): \operatorname{Curl} \psi_{E} d x \\
& \leq\left\|D_{\mathrm{NC}}^{2}\left(u-u_{\mathrm{NC}}\right)\right\|_{L^{2}\left(\omega_{E}\right)}\left\|\operatorname{Curl} \psi_{E}\right\|_{L^{2}(\Omega)} \\
& \lesssim h_{E}^{-1}\left\|D_{\mathrm{NC}}^{2}\left(u-u_{\mathrm{NC}}\right)\right\|_{L^{2}\left(\omega_{E}\right)}^{2}
\end{aligned}
$$

## 5 Equilibrium

This section will establish the reliability of the a posteriori error estimator for the rectangular Morley FEM and the incomplete biquadratic FEM. The proof of efficiency is based on the discrete test functions, similar to Sect. 4. The details in the efficiency proof for the equilibrium error are the same as for conforming finite element methods and can be found in [26, Sect. 3.7].

### 5.1 Reliability for the rectangular Morley FEM

Theorem 4 The rectangular Morley finite element solution $u_{\mathrm{RM}}$ of (2.2) satisfies

$$
\|\operatorname{Res}\|_{V^{\star}}^{2} \lesssim\left\|h_{\mathscr{T}}^{2} f\right\|_{L^{2}(\Omega)}^{2}+\sum_{E \in \mathscr{E}(\Omega)} h_{E}^{3}\left\|\left[\operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{RM}}\right] \cdot v_{E}\right\|_{L^{2}(E)}^{2} \lesssim \mu^{2}
$$

Proof Let $I_{\mathrm{RM}}: V \rightarrow V_{\mathrm{RM}}$ denote the interpolation operator defined, for a function $v \in V$, by

$$
\begin{aligned}
\left(I_{\mathrm{RM}} v\right)(z) & =v(z) \text { at any vertex } z \in \mathscr{N}, \\
\int_{E} \nabla_{\mathrm{NC}} I_{\mathrm{RM}} v \cdot v_{E} d s & =\int_{E} \nabla v \cdot v_{E} d s \text { for any edge } E \in \mathscr{E} .
\end{aligned}
$$

The well-established interpolation theory [5,25,30] proves the subsequent approximation and stability property of $I_{\mathrm{RM}}$, for any $T \in \mathscr{T}$,

$$
\begin{align*}
& h_{T}^{-2}\left\|v-I_{\mathrm{RM}} v\right\|_{L^{2}(T)}+h_{T}^{-1}\left\|\nabla_{\mathrm{NC}}\left(v-I_{\mathrm{RM}} v\right)\right\|_{L^{2}(T)} \\
& \quad+\left\|D_{\mathrm{NC}}^{2}\left(v-I_{\mathrm{RM}} v\right)\right\|_{L^{2}(T)} \lesssim\left\|D^{2} v\right\|_{L^{2}(T)} . \tag{5.1}
\end{align*}
$$

The discrete problem (2.2) implies, for any $v \in V$ with $\|v\|=1$, that

$$
\operatorname{Res}(v)=\int_{\Omega} f\left(v-I_{\mathrm{RM}} v\right) d x-a_{\mathrm{NC}}\left(u_{\mathrm{RM}}, v-I_{\mathrm{RM}} v\right)
$$

Since (5.1), the first term can be controlled as

$$
\int_{\Omega} f\left(v-I_{\mathrm{RM}} v\right) d x \lesssim\left\|h_{\mathscr{T}}^{2} f\right\|_{L^{2}(\Omega)}
$$

Two integrations by parts on the rectangle $T \in \mathscr{T}$ and the fact that $\Delta^{2}{ }_{\mathrm{NC}} u_{\mathrm{RM}}=0$ lead to

$$
\begin{aligned}
& \int_{T} D_{\mathrm{NC}}^{2} u_{\mathrm{RM}}: D_{\mathrm{NC}}^{2}\left(v-I_{\mathrm{RM}} v\right) d x \\
& \quad=\int_{\partial T}\left(D_{\mathrm{NC}}^{2} u_{\mathrm{RM}} v_{T}\right) \cdot \nabla_{\mathrm{NC}}\left(v-I_{\mathrm{RM}} v\right) d s \\
& \quad-\int_{\partial T}\left(v-I_{\mathrm{RM}} v\right)\left(\operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{RM}}\right) \cdot v_{T} d s
\end{aligned}
$$

The definition of the interpolation operator $I_{\mathrm{RM}}$ implies

$$
\int_{E} \nabla_{\mathrm{NC}}\left(v-I_{\mathrm{RM}} v\right) d s=0 .
$$

Since $D_{\mathrm{NC}}^{2} u_{\mathrm{RM}} \nu_{T}$ is constant along each edge, it follows

$$
\int_{\partial T}\left(D_{\mathrm{NC}}^{2} u_{\mathrm{RM}} v_{T}\right) \cdot \nabla_{\mathrm{NC}}\left(v-I_{\mathrm{RM}} v\right) d s=0 .
$$

This allows for the following calculations

$$
\begin{aligned}
a_{\mathrm{NC}}\left(u_{\mathrm{RM}}, v-I_{\mathrm{RM}} v\right)= & -\sum_{E \in \mathscr{E}(\Omega)} \int_{E}\left[\operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{RM}}\right]_{E} \cdot v_{E}\left\langle v-I_{\mathrm{RM}} v\right\rangle_{E} d s \\
& -\sum_{E \in \mathscr{E}(\Omega)} \int_{E}\left\langle\operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{RM}}\right\rangle_{E} \cdot v_{E}\left[v-I_{\mathrm{RM}} v\right]_{E} d s \\
& -\sum_{E \in \mathscr{E}(\partial \Omega)} \int_{E} \operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{RM}} \cdot v\left(v-I_{\mathrm{RM}} v\right) d s
\end{aligned}
$$

Let $I_{\mathrm{Q}_{1}}$ be the canonical bilinear interpolation operator [5, p.85]. Since $I_{\mathrm{RM}} v$ is continuous at any node $z \in \mathscr{N}$, the elementwise bilinear interpolation leads to a globally continuous function $I_{\mathrm{Q}_{1}} I_{\mathrm{RM}} v$. The continuity and some summation by parts yield

$$
\begin{aligned}
& \sum_{E \in \mathscr{E}(\Omega)} \int_{E}\left\langle\operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{RM}}\right\rangle_{E} \cdot v_{E}\left[v-I_{\mathrm{RM}} v\right]_{E} d s \\
& \quad+\sum_{E \in \mathscr{E}(\partial \Omega)} \int_{E} \operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{RM}} \cdot v\left(v-I_{\mathrm{RM}} v\right) d s \\
& =\sum_{E \in \mathscr{E}(\Omega)} \int_{E}\left\langle\operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{RM}}\right\rangle_{E} \cdot v_{E}\left[I_{\mathrm{Q}_{1}} I_{\mathrm{RM}} v-I_{\mathrm{RM}} v\right]_{E} d s \\
& \quad+\sum_{E \in \mathscr{E}(\partial \Omega)} \int_{E} \operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{RM}} \cdot v\left(I_{\mathrm{Q}_{1}} I_{\mathrm{RM}} v-I_{\mathrm{RM}} v\right) d s \\
& =-\sum_{E \in \mathscr{E}(\Omega)} \int_{E}\left[\operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{RM}}\right]_{E} \cdot v_{E}\left\langle I_{\mathrm{Q}_{1}} I_{\mathrm{RM}} v-I_{\mathrm{RM}} v\right\rangle_{E} d s \\
& \quad+\sum_{T \in \mathscr{T}} \int_{\partial T} \operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{RM}} \cdot v_{T}\left(I_{\mathrm{Q}_{1}} I_{\mathrm{RM}} v-I_{\mathrm{RM}} v\right) d s .
\end{aligned}
$$

The interpolation operator $I_{\mathrm{Q}_{1}}$ acts on the shape functions of $V_{\mathrm{RM}}$ in terms of the natural coordinates $-1 \leq \xi, \eta \leq 1$ as follows

$$
I_{\mathrm{Q}_{1}} \xi^{2}=I_{\mathrm{Q}_{1}} \eta^{2}=1, \quad I_{\mathrm{Q}_{1}} \xi^{3}=\xi, \quad I_{\mathrm{Q}_{1}} \eta^{3}=\eta
$$

Therefore, for any $T \in \mathscr{T}$, there exist constants $a_{T}, b_{T}, c_{T}, d_{T}$ such that the difference $I_{\mathrm{Q}_{1}} I_{\mathrm{RM}} v-I_{\mathrm{RM}} v$ reads

$$
I_{\mathrm{Q}_{1}} I_{\mathrm{RM}} v-I_{\mathrm{RM}} v=a_{T}\left(\xi^{2}-1\right)+b_{T}\left(\eta^{2}-1\right)+c_{T}\left(\xi^{3}-\xi\right)+d_{T}\left(\eta^{3}-\eta\right)
$$

Let $E_{1}, E_{3}$ be the edges parallel to the $y$-axis. Since $\operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{RM}}$ is constant on $T$ and since $\left.\left(\xi^{3}-\xi\right)\right|_{E_{1}}=0=\left.\left(\xi^{3}-\xi\right)\right|_{E_{3}}$, it follows

$$
\begin{aligned}
& \int_{E_{1}}\left(I_{\mathrm{Q}_{1}} I_{\mathrm{RM}} v-I_{\mathrm{RM}} v\right) \operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{RM}} \cdot v_{T} d s \\
& \quad=-\int_{E_{3}}\left(I_{\mathrm{Q}_{1}} I_{\mathrm{RM}} v-I_{\mathrm{RM}} v\right) \operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{RM}} \cdot v_{T} d s .
\end{aligned}
$$

This and analogous arguments for the edges parallel to the $x$-axis, lead to

$$
\sum_{T \in \mathscr{T}}^{\partial T} \int_{T} \operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{RM}} \cdot v_{T}\left(I_{\mathrm{Q}_{1}} I_{\mathrm{RM}} v-I_{\mathrm{RM}} v\right) d s=0
$$

The combination of the previous identities results in

$$
a_{\mathrm{NC}}\left(u_{\mathrm{RM}}, v-I_{\mathrm{RM}} v\right)=\sum_{E \in \mathscr{E}(\Omega)} \int_{E}\left[\operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{RM}}\right]_{E} \cdot v_{E}\left\langle I_{\mathrm{Q}_{1}} I_{\mathrm{RM}} v-v\right\rangle d s
$$

The Cauchy and trace inequalities and the approximation and stability properties of the operators $I_{\mathrm{Q}_{1}}$ and $I_{\mathrm{RM}}$ prove

$$
a_{\mathrm{NC}}\left(u_{\mathrm{RM}}, v-I_{\mathrm{RM}} v\right) \lesssim \sqrt{\sum_{E \in \mathscr{E}(\Omega)} h_{E}^{3}\left\|\left[\operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{RM}}\right]_{E} \cdot v_{E}\right\|_{L^{2}(E)}^{2}} .
$$

### 5.2 Reliability for the incomplete biquadratic FEM

Theorem 5 Given a mesh $\mathscr{T}$ generated by red-refinement of a shape regular partition $\mathscr{F}$ of $\Omega$ into rectangles, the incomplete biquadratic finite element solution $u_{\text {IB }}$ satisfies

$$
\|\operatorname{Res}\|_{V^{\star}} \lesssim \mu
$$

The main ingredient in the proof of reliability is the conforming $C_{1}-Q_{2}$ macro element space from [18]. To this end, let $\mathscr{F}$ be a shape regular partition of $\Omega$ into rectangles and divide each rectangle in $\mathscr{F}$ by the red-refinement into four congruent sub-rectangles (Fig. 4) to form the mesh $\mathscr{T}=\operatorname{red}(\mathscr{F})$. The macro $C^{1}-Q_{2}$ finite element space is defined by

$$
V_{\mathrm{Q}_{2}}=H_{0}^{2}(\Omega) \cap Q_{2}(\mathscr{T}) .
$$

## Lemma 1 It holds

$$
\|\operatorname{Res}\|_{V^{\star}} \lesssim \mu+\|\operatorname{Res}\|_{V_{Q_{2}}^{\star}} .
$$



Fig. 4 Three levels of nestedly refined grids, and a macro-element grid

Proof Let $J_{\mathrm{Q}_{2}}: H_{0}^{2}(\Omega) \rightarrow V_{\mathrm{Q}_{2}}$ be the quasi-interpolation operator from [18] with the properties $J_{\mathrm{Q}_{2}} v_{\mathrm{C}}=v_{\mathrm{C}}$ for any $v_{\mathrm{C}} \in V_{\mathrm{Q}_{2}}$, and, for any $v \in H_{0}^{2}(\Omega)$ with $\|v\|=1$,

$$
\begin{aligned}
& h_{T}^{-2}\left\|v-J_{\mathrm{Q}_{2}} v\right\|_{L^{2}(T)}+h_{T}^{-1}\left\|\nabla\left(v-J_{\mathrm{Q}_{2}} v\right)\right\|_{L^{2}(T)} \\
& \quad+\left\|D_{\mathrm{NC}}^{2}\left(v-J_{\mathrm{Q}_{2}} v\right)\right\|_{L^{2}(T)} \lesssim\left\|D_{\mathrm{NC}}^{2} v\right\|_{L^{2}\left(\omega_{T}\right)} .
\end{aligned}
$$

The proof of the lemma is based on the split
$\operatorname{Res}(v)=a_{\mathrm{NC}}\left(u_{\mathrm{NC}}, v-J_{\mathrm{Q}_{2}} v\right)-\int_{\Omega} f\left(v-J_{\mathrm{Q}_{2}} v\right) d x+a_{\mathrm{NC}}\left(u_{\mathrm{NC}}, J_{\mathrm{Q}_{2}} v\right)-\int_{\Omega} f J_{\mathrm{Q}_{2}} v d x$.
Two integrations by parts (followed by the Cauchy and trace inequalities) and the approximation and stability properties of the operator $J_{\mathrm{Q}_{2}}$ reveal

$$
\begin{aligned}
& a_{\mathrm{NC}}\left(u_{\mathrm{NC}}, v-J_{\mathrm{Q}_{2}} v\right)-\int_{\Omega} f\left(v-J_{\mathrm{Q}_{2}} v\right) d x \\
& =\sum_{E \in \mathscr{E}(\Omega)}\left(\int_{E}\left[D_{\mathrm{NC}}^{2} u_{\mathrm{IB}}\right]_{E} v_{E} \cdot \nabla\left(v-J_{\mathrm{Q}_{2}} v\right) d s-\int_{E}\left[\operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{IB}}\right]_{E} \cdot v_{E}\left(v-J_{\mathrm{Q}_{2}} v\right) d s\right) \\
& \quad-\int_{\Omega} f\left(v-J_{\mathrm{Q}_{2}} v\right) d x \lesssim \mu .
\end{aligned}
$$

The stability of $J_{\mathrm{Q}_{2}}$ implies

$$
\left|a_{\mathrm{NC}}\left(u_{\mathrm{NC}}, J_{\mathrm{Q}_{2}} v\right)-\int_{\Omega} f J_{\mathrm{Q}_{2}} v d x\right| \lesssim\|\operatorname{Res}\|_{V_{\mathrm{Q}_{2}}^{\star}}\left\|J_{\mathrm{Q}_{2}} v\right\| \lesssim\|\operatorname{Res}\|_{V_{\mathrm{Q}_{2}}^{\star}} .
$$

The combination of the aforementioned estimates concludes the proof.
Proof of Theorem 5 Let $u_{\text {IB }} \in V_{\text {IB }}$ denote the solution of (2.2) for the incomplete biquadratic finite element method and let $I_{\text {IB }}$ denote the canonical interpolation operator [24] defined, for $v_{\mathrm{C}} \in V_{\mathrm{Q}_{2}}$, by
$\left(I_{\mathrm{IB}} v_{\mathrm{C}}\right)(z)=v_{\mathrm{C}}(z)$ for any vertex $z \in \mathscr{N}$
$\left(\nabla_{\mathrm{NC}} I_{\mathrm{IB}} v_{\mathrm{C}} \cdot v_{E}\right)(\operatorname{mid}(E))=\left(\nabla v_{\mathrm{C}} \cdot v_{E}\right)(\operatorname{mid}(E))$ for any edge $E \in \mathscr{E} .(5.2)$

The approximation and stability properties from [24] read

$$
\begin{align*}
& h_{T}^{-2}\left\|v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right\|_{L^{2}(T)}+h_{T}^{-1}\left\|\nabla_{\mathrm{NC}}\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right)\right\|_{L^{2}(T)} \\
& \quad+\left\|D_{\mathrm{NC}}^{2}\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right)\right\|_{L^{2}(T)} \lesssim\left\|D^{2} v_{\mathrm{C}}\right\|_{L^{2}(T)} . \tag{5.3}
\end{align*}
$$

The discrete problem (2.2) implies, for any $v_{\mathrm{C}} \in V_{\mathrm{Q}_{2}}$ with $\left\|v_{\mathrm{C}}\right\|=1$, that

$$
\operatorname{Res}\left(v_{\mathrm{C}}\right)=a_{\mathrm{NC}}\left(u_{\mathrm{IB}}, v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right)-\int_{\Omega} f\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right) d x .
$$

The second term is bounded with (5.3) by

$$
\int_{\Omega} f\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right) d x \lesssim\left\|h_{\mathscr{T}}^{2} f\right\|_{L^{2}(\Omega)}
$$

Hence, it suffices to prove the estimate

$$
a_{\mathrm{NC}}\left(u_{\mathrm{IB}}, v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right) \lesssim \mu .
$$

Since $I_{\mathrm{IB}}$ is exact for all shape functions of $V_{\mathrm{Q}_{2}}$ except $\xi^{2} \eta^{2}$ (written in natural coordinates), there exists, for any $T \in \mathscr{T}$, some constant $c_{T}$ such that

$$
\begin{equation*}
v_{\mathrm{C}}-\left.I_{\mathrm{IB}} v_{\mathrm{C}}\right|_{T}=c_{T}\left(\xi^{2} \eta^{2}-1\right) \quad \text { in } T \in \mathscr{T} . \tag{5.4}
\end{equation*}
$$

An integration by parts reveals

$$
\begin{aligned}
& \int_{T} D^{2} u_{\mathrm{IB}}: D^{2}\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right) d x \\
& \quad=\int_{\partial T} D^{2} u_{\mathrm{IB}} v_{T} \cdot \nabla\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right) d s-\int_{T} \operatorname{div} D^{2} u_{\mathrm{IB}} \cdot \nabla\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right) d x .
\end{aligned}
$$

Since $\operatorname{div}_{\mathrm{NC}} D_{\mathrm{NC}}^{2} u_{\mathrm{IB}}$ is constant on $T$, and since $\nabla_{\mathrm{NC}}\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right)$ by (5.4) is an odd function, the volume term vanishes.

Let $E_{1}, E_{3}$ denote the edges of $T$ parallel to the $y$-axis with $\left.\nu_{T}\right|_{E_{3}}=(1,0)=$ $-\left.\nu_{T}\right|_{E_{1}}$. Then

$$
\begin{aligned}
& \pm \int_{E_{j}} \nabla_{\mathrm{NC}}\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right) \cdot D^{2} u_{\mathrm{IB}} v_{T} d s \\
& \quad=\int_{E_{j}} \frac{\partial^{2} u_{\mathrm{IB}}}{\partial x^{2}} \frac{\partial\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right)}{\partial x} d s+\int_{E_{j}} \frac{\partial^{2} u_{\mathrm{IB}}}{\partial x \partial y} \frac{\partial\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right)}{\partial y} d s .
\end{aligned}
$$

Since the mixed derivative $\partial^{2} u_{\mathrm{IB}} / \partial x \partial y \in P_{1}(T)$ is affine on $T$ and $\partial\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right) / \partial y$ is even in $\xi$ and odd in $\eta$, a moment's reflection reveals that the second integral is the same for $j=1,3$ and, hence, there is no contribution from those terms.

By (5.4), $\partial\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right) / \partial x$ is an even function along $E_{j}$. Since $\partial^{2} u_{\mathrm{IB}} / \partial x^{2}$ is affine in $y$, it holds for the $L^{2}$ projection $\Pi_{E_{j}}$ onto $P_{0}\left(E_{j}\right)$ along $E_{j}$ that

$$
\int_{E_{j}} \frac{\partial\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right)}{\partial x} \frac{\partial^{2} u_{\mathrm{IB}}}{\partial x^{2}} d s=\int_{E_{j}} \frac{\partial\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right)}{\partial x} \Pi_{E_{j}} \frac{\partial^{2} u_{\mathrm{IB}}}{\partial x^{2}} d s
$$

Altogether,

$$
\begin{aligned}
& \sum_{j=1,3} \int_{E_{j}} \nabla_{\mathrm{NC}}\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right) \cdot D^{2} u_{\mathrm{IB}} v_{T} d s \\
& =\int_{E_{3}} \frac{\partial\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right)}{\partial x} \Pi_{E_{3}} \frac{\partial^{2} u_{\mathrm{IB}}}{\partial x^{2}} d s-\int_{E_{1}} \frac{\partial\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right)}{\partial x} \Pi_{E_{1}} \frac{\partial^{2} u_{\mathrm{IB}}}{\partial x^{2}} d s .
\end{aligned}
$$

Recall that $\nu=\left(\nu_{1}, \nu_{2}\right)$ denotes the outer unit normal of $\Omega$. The sum over the set $\mathscr{E}_{y}$ of edges parallel to the $y$-axis yields

$$
\begin{align*}
& \sum_{T \in \mathscr{T}} \sum_{E \in \mathscr{E}_{y} \cap \mathscr{E}(T)} \int_{E} D^{2} u_{\mathrm{IB}} v_{T} \cdot \nabla_{\mathrm{NC}}\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right) d s \\
& =\sum_{E \in \mathscr{E}_{y} \cap \mathscr{E}(\Omega)} \int_{E}\left[\Pi_{E} \frac{\partial^{2} u_{\mathrm{IB}}}{\partial x^{2}}\right]_{E}\left\langle\frac{\partial\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right)}{\partial x}\right\rangle_{E} d s \\
& \quad+\sum_{E \in \mathscr{E}_{y} \cap \mathscr{E}(\Omega)} \int_{E}\left\langle\Pi_{E} \frac{\partial^{2} u_{\mathrm{IB}}}{\partial x^{2}}\right\rangle_{E}\left[\frac{\partial\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right)}{\partial x}\right]_{E} d s \\
& \quad+\sum_{E \in \mathscr{E}_{y} \cap \mathscr{E}(\partial \Omega)} \int_{E} \frac{\partial\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right)}{\partial x} \Pi_{E} \frac{\partial^{2} u_{\mathrm{IB}}}{\partial x^{2}} v_{1} d s . \tag{5.5}
\end{align*}
$$

The Cauchy and trace inequalities and the approximation and stability properties of the operator $I_{\text {IB }}$ prove for the first term

$$
\sum_{E \in \mathscr{E}_{y} \cap \mathscr{E}(\Omega)} \int_{E}\left[\Pi_{E} \frac{\partial^{2} u_{\mathrm{IB}}}{\partial x^{2}}\right]_{E}\left\langle\frac{\partial\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right)}{\partial x}\right\rangle_{E} d s \lesssim \mu
$$

Since the jump $\left[\partial v_{\mathrm{C}} / \partial x\right]_{E}$ vanishes, (5.4) implies that $\left[\partial I_{\mathrm{IB}} v_{\mathrm{C}} / \partial x\right]_{E}$ is an even quadratic function along $E$ that vanishes at $\operatorname{mid}(E)$. Since the derivative
$\partial^{3} I_{\mathrm{IB}} v_{\mathrm{C}} / \partial x \partial y^{2}$ is constant, the Taylor expansion reveals, for any $E \in \mathscr{E}_{y}$, that $\int_{E}\left[\frac{\partial\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right)}{\partial x}\right]_{E} d s=\frac{1}{2} \int_{E}\left[\frac{\partial^{3} I_{\mathrm{IB}} v_{\mathrm{C}}}{\partial x \partial y^{2}}\right]_{E}(y-\operatorname{mid}(E))^{2} d s=\frac{|E|^{3}}{24}\left[\frac{\partial^{3} I_{\mathrm{IB}} v_{\mathrm{C}}}{\partial x \partial y^{2}}\right]_{E}$.

The combination with the second and third term of (5.5), some summation by parts and the fact that $\partial^{3} I_{\mathrm{IB}} v_{\mathrm{C}} / \partial x \partial y^{2}$ is constant on each rectangle $T$ and $\Pi_{E_{1}} \partial^{2} u_{\mathrm{IB}} / \partial x^{2}=$ $\Pi_{E_{3}} \partial^{2} u_{\text {IB }} / \partial x^{2}$ for any $T \in \mathscr{T}$ lead to

$$
\begin{aligned}
& \sum_{E \in \mathscr{E}_{y} \cap \mathscr{E}(\Omega)} \int_{E}\left\langle\Pi_{E} \frac{\partial^{2} u_{\mathrm{IB}}}{\partial x^{2}}\right\rangle_{E}\left[\frac{\partial\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right)}{\partial x}\right]_{E} d s \\
& +\sum_{E \in \mathscr{E}_{y} \cap \mathscr{E}(\partial \Omega)} \int_{E} \Pi_{E} \frac{\partial^{2} u_{\mathrm{IB}}}{\partial x^{2}} \nu_{1} \frac{\partial\left(v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right)}{\partial x} d s \\
= & \sum_{E \in \mathscr{E}_{y} \cap \mathscr{E}(\Omega)}\left\langle\Pi_{E} \frac{\partial^{2} u_{\mathrm{IB}}}{\partial x^{2}}\right\rangle_{E} \frac{|E|^{3}}{24}\left[\frac{\partial^{3} I_{\mathrm{IB}} v_{\mathrm{C}}}{\partial x \partial y^{2}}\right]_{E} \\
& +\sum_{E \in \mathscr{E}_{y} \cap \mathscr{E}(\partial \Omega)} \Pi_{E} \frac{\partial^{2} u_{\mathrm{IB}}}{\partial x^{2}} v_{1} \frac{|E|^{3}}{24} \frac{\partial^{3} I_{\mathrm{IB}} v_{\mathrm{C}}}{\partial x \partial y^{2}} \\
= & -\sum_{E \in \mathscr{E}_{y} \cap \mathscr{E}(\Omega)}\left[\Pi_{E} \frac{\partial^{2} u_{\mathrm{IB}}}{\partial x^{2}}\right]_{E} \frac{|E|^{3}}{24}\left\langle\frac{\partial^{3} I_{\mathrm{IB}} v_{\mathrm{C}}}{\partial x \partial y^{2}}\right\rangle_{E} .
\end{aligned}
$$

The Cauchy and trace inequalities followed by an inverse estimate prove that this can be bounded by

$$
\begin{aligned}
& \quad \sum_{E \in \mathscr{E}_{y} \cap \mathscr{E}(\Omega)}|E|^{2}\left\|\left[\frac{\partial^{2} u_{\mathrm{IB}}}{\partial x^{2}}\right]_{E}\right\|_{L^{2}(E)} \|\left[\frac{\partial^{3} I_{\mathrm{IB}} v_{\mathrm{C}}}{\partial x \partial y^{2}} \|_{L^{2}(E)}\right. \\
& \quad \lesssim \sum_{T \in \mathscr{T}} \sum_{E \in \mathscr{E}(T) \cap \mathscr{E}(\Omega) \cap \mathscr{E}} \\
& \\
& \quad \\
& \quad \sqrt{\sum_{E \in \mathscr{E}(\Omega)}|E|\left\|\left[\frac{\partial^{2} u_{\mathrm{IB}}}{\partial x^{2}}\right]\right\|_{L^{2}(E)}^{2}\left\|\left[\frac{\partial^{2} u_{\mathrm{IB}}}{\partial x^{2}}\right]_{E}\right\| D_{L_{\mathrm{NC}}^{2}(E)}^{2} I_{\mathrm{IB}} v_{\mathrm{C}} \|_{L^{2}(\Omega)}} .
\end{aligned}
$$

The stability of the interpolation operator $I_{\text {IB }}$ shows that this is bounded by $\mu$. Analogous considerations for the edges parallel to the $x$-axis eventually prove

$$
a_{\mathrm{NC}}\left(u_{\mathrm{IB}}, v_{\mathrm{C}}-I_{\mathrm{IB}} v_{\mathrm{C}}\right) \lesssim \mu
$$

## 6 Numerical experiments

### 6.1 Numerical realisation

Three numerical examples investigate the reliability and efficiency of the three methods on isotropic meshes and on anisotropic tensor product meshes. Given $\beta \geq 1$ and an integer $N \geq 1$, the graded partition is determined by the points $(j / N)^{\beta}$ for $j=$ $0, \ldots, N$, in the unit interval. A tensor product leads to a graded mesh on the square $(0,1)^{2}$ with grading towards $(0,0)$. The combination of such graded square domains leads to a graded mesh of the L-shaped domain with grading towards the re-entering corner (see Fig. 5).

### 6.2 Analytic solution

Let $u=-\left(x^{4}-2 x^{2}+1\right)\left(y^{4}-2 y^{2}+1\right)$ be the solution with respect to the righthand side $f:=\Delta^{2} u$ on the unit square. Figure 6 shows the convergence history of the estimator from (1.1) and the exact error or in the energy norm. One observes the same convergence rates of the error and the a posteriori error estimator, which indicates reliability and efficiency in agreement with Theorems 4 and 5. This numerical experiment suggests the conjecture that the a posteriori error estimator for the Adini FEM is reliable. In particular one can observe the quadratic convergence of the Adini FEM in terms of the mesh-size for smooth solutions and equal rectangles, cf. [22].

### 6.3 L-shaped domain

Let $\Omega=(-1,1)^{2} \backslash([0,1] \times[-1,0])$ be the L-shaped domain with constant load $f \equiv 1$. Figure 7 displays the convergence history of the estimator for uniform and graded tensor product meshes with different grading parameters $\beta=1,3 / 2,2$. The convergence rates are improved to $1 / 2$. However, the grading $\beta>1$ leads to anisotropic domains, while the constants in our error analysis depend on the aspect ratio.


Fig. 5 Graded tensor-product meshes on the L-shaped domain


Fig. 6 Convergence history in Sect. 6.2


Fig. 7 Convergence history of the estimator for the L-shaped domain for uniform and graded meshes

### 6.4 L-shaped domain with known exact solution

Consider the L-shaped domain of Sect. 6.3 with $\omega:=3 \pi / 2$ and $\alpha:=0.5444837$ as a noncharacteristic root of $\sin ^{2}(\alpha \omega)=\alpha^{2} \sin ^{2}(\omega)$. The exact singular solution from [15, p. 107], [16] reads in polar coordinates

$$
u(r, \theta)=\left(r^{2} \cos ^{2} \theta-1\right)^{2}\left(r^{2} \sin ^{2} \theta-1\right)^{2} r^{1+\alpha} g(\theta)
$$

for

$$
\begin{aligned}
g(\theta)= & \left(\frac{1}{\alpha-1} \sin ((\alpha-1) \omega)-\frac{1}{\alpha+1} \sin ((\alpha+1) \omega)\right)(\cos ((\alpha-1) \theta)-\cos ((\alpha+1) \theta)) \\
& -\left(\frac{1}{\alpha-1} \sin ((\alpha-1) \theta)-\frac{1}{\alpha+1} \sin ((\alpha+1) \theta)\right)(\cos ((\alpha-1) \omega)-\cos ((\alpha+1) \omega)) .
\end{aligned}
$$

Figures 8,9 show the convergence history of the estimator and the exact error for uniform and graded tensor-product meshes. While the convergence rate for uniform mesh refinement in Fig. 8 is sub-optimal, the solutions on the graded meshes converge with the optimal convergence rate (Fig. 9).


Fig. 8 Convergence history of the error and estimator for Grisvard's example of Sect. 6.4


Fig. 9 Convergence history of the error and estimator for Grisvard's example for grading parameter $\beta=1.5$

### 6.5 Conclusions

(i) All three methods develop some very small pre-asymptotic range in the sense that the graphs of error and estimator are parallel right from the beginning.
(ii) It is conjectured that the error estimator is also reliable for the Adini finite element. The authors were not able to prove that because of the difficulties mentioned in the introduction even with the methods of Sects. 5.1 and 5.2.
(iii) Although there is no theoretical justification, the explicit residual-based error estimator yields a reliable and efficient error bound in the examples for the Adini FEM, which supports the conjecture that the residual-based error estimator is reliable.
(iv) Anisotropic mesh refinement on graded tensor product meshes compensates the corner singularity in the sense that the convergence rate is optimal. The overall reliability-efficiency behaviour is comparable to the isotropic case. All three methods show surprising robustness with respect to the aspect ratio.

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